



Spice City Toronto

Exploring greater Toronto, Canada, in search of ethnic hole-in-the-wall restaurants and suburban strip mall eateries serving amazing and unusual food.

FRIDAY, JULY 1, 2011

A new food market is born on Dundas

Contain yourself! A new market has opened up at Dundas and Bathurst ([707 Dundas Street West](#)) made up of businesses operating inside refurbished shipping containers. The market has promise as a place of interest for foodies and lovers of creative cheap eats.



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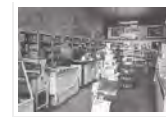
The Scadding Court Community Centre first launched the [Live Local Marketplace](#) last fall with hopes of revitalizing this sombre corner, which is dominated by Toronto Western Hospital. They brought in surplus shipping containers from China that have been subdivided into tiny shops.

With the rent at just \$350 a month, the containers have been quickly filling up with a wide variety of merchants hawking everything from handmade crafts to long distance calling cards. In the weeks to come, all the containers will likely be open for business.



Tony Sabherwal (above), the founder and owner of the organic pizza place [Magic Oven](#), noticed the booths recently when he was driving by. "I saw the booths and they spoke to me somehow," he says. "I parked and walked in and said I'll take one."

For \$3, he sells "sloppy bunjo," a dish he describes as a vegan version of a sloppy joe. It's a bun filled with masala yellow peas cooked with tamarind sauce. "This is street food from the town I grew up in, in northeast India," he says. "There it's called 'bun mutter.'" He also serves samosas, corn on



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If you want to feel like a kid in a candy store head down to the Peek Freans factory outlet at 1250 O' Connor Drive at

the cob and Japanese genmaicha ice tea made with brown rice and mint.

Tony says his wife takes care of the day-to-day operations of Magic Oven, allowing him to have a little holiday running the Scadding Court stall. "I'm doing it for fun and to feel connected to people who live in city," he says. "It's fun because on the street, people come from all over and ask all kinds of questions."



Montforte Dairy, a Guelph-based business that is a staple of local farmer's markets, also has a booth here. You can pick up tasty treats such as goat gouda and Swiss-style cheddar. "It's a bit of an experiment, working out of a metal box at a community centre, but we're really excited about it," says Monteforte's Ben Szoller (above).

Ben will serve you a grilled cheese sandwich with the cheese of your choice for \$5. It's made with homemade butter and served on bread baked at the community centre. You can also get some top quality ice cream made from water buffalo milk.

Bermondsey. It's atta...

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Spice City Toronto wrote:

Noted! Thanks Nilusha.

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Nilusha wrote:

Hey! Great blog! Just to clarify for you though, kotthu roti is not chopped naan bread but just chopped roti. Also, puttu is not rice, it's more of a steamed flour-based substitute. Sooooo delicious! Definitely my fave!

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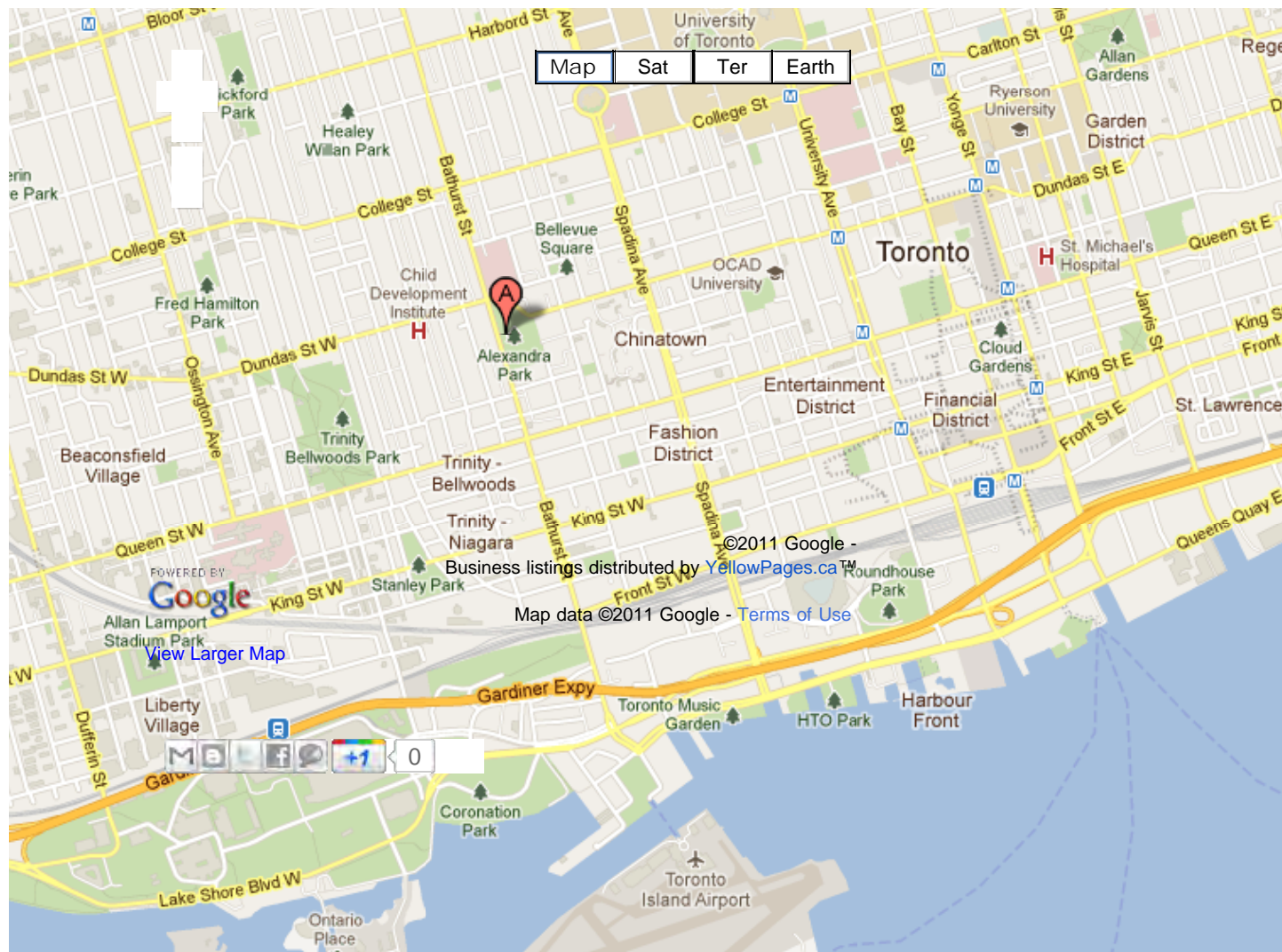
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A few stalls down Leon serves fruit shakes and bubble tea at his stall, The Original One. Leon has rented a second stall and plans to expand into dim sum soon. Other new businesses that are set to open include a bakery and a deli selling Montreal-style smoked and cured meats. There's even talk of bringing a proper farmer's market to the site next year. Check back at Spice City Toronto for further developments.



The hours for each business vary, but they are generally are open Tuesday to Friday 11am—6pm, Saturday noon—6pm. In the summer, the market is open on Friday until 10pm.

- Share your own thoughts on Scadding Court Community Centre's Live Local Marketplace in the comments field below.
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2 comments:

[thecravinglife](#) said...

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July 8, 2011 2:37 PM

[Spice City Toronto](#) said...



There's a TEDx talk there tonight, so it's a perfect night to check it out.

July 8, 2011 4:59 PM