



Bite into Fall at SCCC's Harvest Festival

Press Release For Immediate Release

Toronto, ON- September 28, 2011- Scadding Court Community Centre (SCCC) welcomes the harvest season with food inspired activities and entertaining performances on October 1.

Those attending can look forward to many fun activities beginning at noon. Festivities include delicious free food, outdoor film screenings, apple cider pressing, food demonstrations, seedling and bulb planting, a food drive and more.

A number of organizations that share a passion for healthy eating and promoting locally grown produce will also be participating, such as the Toronto Western Hospital Family Health Team and Artists Health Centre, Friends of Dufferin Grove, Fort York Food Bank, Toronto Vegetarian Association, Composting Council, Carrot Common and Food Forward.

“The Harvest Festival is about healthy living. It’s about building community and keeping our neighbourhoods strong. It’s about supporting local produce, local entrepreneurs and building a more vibrant City”, says Kevin Lee, Executive Director of Scadding Court Community Centre.

The Festival is taking place at Scadding Court’s unique outdoor Live Local Marketplace. This innovative project launched by Scadding Court offers goods from independent and local vendors, farmers, and entrepreneurs. This initiative supports local economy and animates Dundas Street West close to Bathurst, a once dull area. The Marketplace is open year-round Tuesdays-Saturdays.

SCCC’s Harvest Festival promises an educational, inspirational fun-filled day for the entire family and people of all ages. With *World Food Day* approaching on October 16, this is a perfect way to begin discourse and create awareness around current food issues that are common to all Torontonians.

For more information please visit www.scaddingcourt.org/harvest_festival

About Scadding Court Community Centre

SCCC is a multi-service agency that was founded in 1978. Located in the heart of downtown west Toronto, we offer a wide range of programs, services and an opportunity for people of all ages and from all walks of life. Our work is about supporting individuals and families, strengthening communities and building a better Toronto. SCCC is known for high quality social and recreational programming, particularly for children, youth, newcomers and people with disabilities, and for progressive community and social development activities that extend across the city.

Learn more at www.scaddingcourt.org

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